Anti-CNS antibodies in neurological and psychiatric disorders

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SUMMARY To investigate the possibility that anti-CNS antibodies may play a pathogenic role in a number of neurological and psychiatric disorders, a population study was undertaken. Serum samples were obtained from a total of 257 adults and were screened against sodium dodecyl sulphate polyacrylamide gel electrophoretic blots of various normal, necropsy-derived adult human brain regions. The incidence of IgG immunoreactive banding in the total sample was 30%. Within the diagnostic groups the incidence of banding was: controls 32%, schizophrenia 28%, mental retardation 27%, cerebellar ataxia 33%, Parkinson's disease 22%, myasthenia gravis 45% and epilepsy 31%. The differences are not statistically significant. There was no significant difference in the numbers and locations of bands between the various diagnostic groups and the controls. The overall incidence of immunoreactivity corresponding to the high molecular weight subunit of neurofilaments was only 6%, thus not confirming a previously reported incidence of 95%. The similarity between the diagnostic and the control sera suggests that caution should be exerted in interpreting the pathogenic significance of anti-CNS immunoreactive banding on Western blots.

Autoimmune involvement has been demonstrated in neurological illnesses such as myasthenia gravis, 2-4 the Guillain-Barré syndrome 5-7 and multiple sclerosis (reviewed by Weiner and Hauser 8). To investigate the possibility that anti-central nervous system (CNS) antibodies may play a wider pathogenic role in neurological and psychiatric diseases, a population study was undertaken. Serum samples were collected and screened against Western blots of human CNS tissue. Immunoblots have the advantage over tissue sections in that immunoreactivity can be resolved to a finite number of bands whose molecular weights can be determined. Our results are presented in tabular form so that comparisons with other studies will be possible.

Diagnostic groups in which the published literature suggested the presence of anti-CNS antibodies were selected for investigation: myasthenia gravis, cerebellar degenerations, diseases of the basal ganglia and

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Received 18 July 1986 and in revised form 31 December 1986. Accepted 5 January 1987

schizophrenia. In myasthenia gravis, the serum antibody response is to the acetylocholine receptor (AChR).²⁻⁴ The possibility of anti-CNS antibody activity in myasthenia gravis has been raised in several studies. Kott and Rule⁹ reported a cellular immune response to myelin basic protein in some myasthenia gravis patients. Antibodies to the AChR have been found in the cerebrospinal fluid (CSF) of some myasthenia gravis patients, suggestive of intrathecal production 10 and CSF oligoclonal immunoglobulin G (IgG) bands have been demonstrated. 11 Also, sera of myasthenia gravis patients contains significantly elevated levels of antibodies to neuroblastoma cells. 12 These studies suggest a more generalised neuroimmunological abnormality in myasthenia gravis, not one limited to the neuromuscular junction.

Several lines of investigation have suggested the presence of autoantibodies in cerebellar diseases. Serum and CSF antibodies to cerebellar Purkinje cells have been demonstrated in patients with paraneoplastic cerebellar degenerations. ^{13–15} In the childhood opsoclonus-myoclonus syndrome, circulating antibodies to Purkinje cells are present. ¹⁶ Anticerebellar antibody activity in other forms of

cerebellar degeneration has not been extensively studied. Recently, in four cases of familial spinocerebellar degeneration, serum antibodies were detected against cortical neurons, Purkinje cells and dorsal root ganglia.¹⁷

In diseases of the basal ganglia, by using immunohistochemical techniques serum antibodies to the caudate nucleus have been demonstrated in Huntington's chorea, Sydenham's chorea¹⁸ and Parkinson's disease.²⁰ Further studies have shown the presence of circulating antibodies to sympathetic ganglion cells in Parkinson's disease patients²¹ 22 suggestive of an autoimmune process.

Since Fessel²³ postulated an autoimmune basis for schizophrenia, many studies using various immunohistochemical, radioimmunofixation and cytotoxicity techniques have been reported. Although the results are conflicting, there is reason to suspect that anti-CNS antibodies may be present in a subset of schizophrenic patients (reviewed by Knight²⁴ and DeLisi

et al²⁵). In the course of collecting serum samples, a number of individuals with mental retardation, epilepsy and other neurological disorders were included. For this study it was necessary to investigate an adequate number of serum samples from healthy individuals since anti-CNS antibody activity is not limited to neurological diseases. ^{1 14 26}

Material and methods

Serum samples were obtained from a total of 257 adults (126 females and 131 males) and stored at -40°C until being used. The majority of samples were collected when routine blood tests were being performed. In all other cases informed consent was obtained. This study was approved by hospital ethics review committees.

The schizophrenia group consisted of chronic schizophrenic patients custodially hospitalised. All were taking neuroleptics. The mentally retarded group consisted of patients custodially hospitalised none of whom had a specific neurological diagnosis. The cerebellar ataxia group consisted of patients with various forms of inherited spinocerebellar degeneration: eight with Friedreich's ataxia, eight with spastic ataxia and two with other forms of ataxia. In both Parkinson's disease and myasthenia gravis categories the patients had long standing illnesses and were being treated with appropriate medications. The epileptic group consisted primarily of patients with other neurological and psychiatric disorders who also had active epilepsy requiring anticonvulsant medication. This included three schizophrenic patients, seven mentally retarded patients and one with Alzheimer's disease. In the study there were also two patients each with personality disorder and dementia of unknown actiology, and one patient each with depression, drug abuse, Alzheimer's disease, post-traumatic encephalopathy, dystonia musculorum deformans and spasmodic torticollis. The control group consisted of healthy hospital employees undergoing routine hepatitis screening and blood

donors. The number of individuals in each diagnostic group are listed in table 1.

Brain samples were obtained at the time of necropsy from three neurologically normal adults who had died from non-neurological causes. The time of necropsy was no later than 24 hours after death. Permission for the necropsy was given by the closest relative. Routine neuropathological examination was normal. The brain samples were stored at -80°C until being used.

Western blots were made by standard techniques ²⁷ Total

-80°C until being used. Western blots were made by standard techniques.²⁷ Total homogenates of adult human frontal cortex, basal ganglia (equal volumes of putamen and caudate) and cerebellum were homogenised and boiled for 2 min in 2.5% sodium dodecyl sulphate (SDS; w/v), 7% 2-mercaptoethanol (v/v) in TBS (50 mM Tris-HCl, 200 mM NaCl, pH 7.4) and the proteins separated as a curtain by polyacrylamide gel electrophoresis (PAGE) through a 5 to 17% acrylamide gradient. The gel loading was 10 µg protein/mm track width. The separated polypeptides were electrophoretically transferred to a cellulose nitrate sheet. To detect specific antibody binding 3 mm wide strips from the blot were first incubated 30 min in 10% normal horse serum (NHS) in phosphate buffered saline (PBS; 0.1 M phosphate buffer, 0.15 M NaCl, pH 7.4) to block non-specific binding sites, then overnight in the serum sample diluted 1:100 in 10% NHS. A serum concentration of 1:100 gave optimal visualisation of immunoreactive bands without significant background staining. After two 15 min washes in PBS, the blot strips were incubated for 2h in horseradish peroxidase conjugated rabbit anti-human IgG (Dako Inc) diluted 1:100 in 10% NHS. Antibody binding was detected by washing the blot twice for 15 min in PBS and then for 15 min in 0.5 mg/ml 4-chloro-1-naphthol-0.01% (v/v) hydrogen peroxide.²⁸ The apparent molecular weights of antigenic polypeptide bands in kdaltons (K) were estimated from pre-stained molecular weight standards (BRL Inc) which were blotted concomitantly. Control blots in which the serum sample was replaced by 10% NHS revealed no bands. MabN210 is a murine monoclonal antibody which recognises the 210K subunit of neurofilaments.²⁹ Control blots in which MabN210 was substituted for the serum, and the second antibody replaced by horseradish peroxidase conjugated rabbit anti-mouse immunoglobulin (Dako Inc) diluted 1:100

Table 1 The number of studied inviduals and the incidence of serum immunoreactive banding against SDS-PAGE blots of adult brain in each diagnostic category

Studied population	No	Incidence of banding
Controls	99	32%
Schizophrenia	68	28%
Mental retardation	22	27%
Cerebellar ataxia	18	33%
Parkinson's disease	18	22%
Myasthenia gravis	20	45%
Epilepsy*	13	31%
Other diagnoses	10	10%
Total	257	30%

The epilepsy category, marked by an asterisk, consists of 13 individuals with epilepsy 11 of whom are included in other neuropsychiatric diagnostic groups.

1516 in 10% NHS, consistently revealed an immunoreactive band

at 210K. Serum samples from the patients with cerebellar ataxia were screened against blots of cerebellum, those with Parkinson's disease against blots of basal ganglia, and all others, including controls and schizophrenics, against blots of frontal cortex. A number of immunoreactive sera were cross checked against all three blots and were found to give

All serum samples were tested at least twice on different blots to calculate the incidence of banding in table 1 and tabulate the identified molecular weights in table 2. For statistical analysis, chi-square and the Fisher exact

When tested against Western blots prepared with

human frontal cortex, 67 serum samples from the

control group of 99 individuals displayed no banding.

Of the 32 that did react, 21 had only one reactive

band, and the others two or more. The overall inci-

dence of positive banding was 32%. A selection of

strips from the same Western blot reacted with sera of

the control group are illustrated in fig 1. The apparent

molecular weights of the identified CNS antigens and

similar results. No brain region-specific immunoreactivity

Results

probability tests were used.

was identified.

the intensity of staining of each individual band varied greatly between serum samples. The majority of control results were as those in strips 9 and 10 of fig 1 with no banding. The apparent molecular weights of all the CNS antigens identified by the sera of the control group are presented in table 2.

The largest single patient group studied was that of schizophrenia with 68 cases. When tested against Western blots made from human frontal cortex, 19 (28%) showed immunoreactive banding. Of those that did, again the majority of 11 displayed only one

band. A selection of strips from the same Western

blot reacted with sera of the schizophrenic group are

illustrated in fig 2. As in the control group, the identified antigen molecular weights and intensity of

staining of each band varied greatly between serum

samples. The majority of schizophrenic serum results were as those in strips 9 and 10 of fig 2 with no ban-

ding. The apparent molecular weights of all the CNS

antigens identified by the sera of the schizophrenic

group are presented in table 2.

The overall incidence of immunoreactive banding in each of the diagnostic groups is presented in table 1. The identified CNS antigen apparent molecular weights are summarised in table 2. For the total studied population of 257, the incidence of banding was 30%. In those that had bands 65% had only one band and 35% had multiple bands. The distribution of the number of immunoreactive bands is illustrated in fig 3.

Table 2 Molecular weights (in daltons) of identified serum immunoreactive bands against SDS-PAGE blots of adult human brain are listed for each diagnostic group

Controls

30, 50, 210

No bands in 12 cases

No bands in nine cases

Others diagnoses

210

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Schizophrenics

26, 55, 61, 167 58, 64, 120 114, 167 210 160 14, 19 19,97 18, 131 19, 167, 210 157, 210 19 172, 210 16, 19, 49 26, 40, 56, 63, 143, 168 19, 60, 64, 101, 114 to 130, 135, 172, 210 24 68, 80 40 125 210 61,67 24 39 26 120 185 68, 80 12 17, 210 170 23 70 210 50, 64 210 No bands in 49 cases 28 210 Mental retardation 32, 40 23, 25 36, 180 35 15 165 27 126 210 170 210 No bands in 16 cases 35 167 Epilepsy* 2Ó No bands in 67 cases 170 27 Parkinson's disease 26, 72, 80 52 17 No bands in nine cases 14 180 Myasthenia gravis No bands in 14 cases 23, 25, 27, 130 110 Cerebellar ataxia 30, 100 19, 50 22 19, 210 39 150 23, 30 17 23

The epilepsy category consists of 13 individuals with epilepsy 11 of whom are included in other neuropsychiatric diagnostic groups. Of the two cases with epilepsy not included in other diagnostic groups, one had a reactive band at 20K and the other had no band. The immunoblots of the first eight entries in the normal control and schizophrenic categories are illustrated in figs 1 and 2 respectively.

19

100, 150

No bands in 11 cases

There was no statistically significant difference in the incidence of banding when the diagnostic groups were compared to each other, to the controls, or to the entire studied population. There was also no statistically significant difference in the incidence of multiple bands when the diagnostic groups were

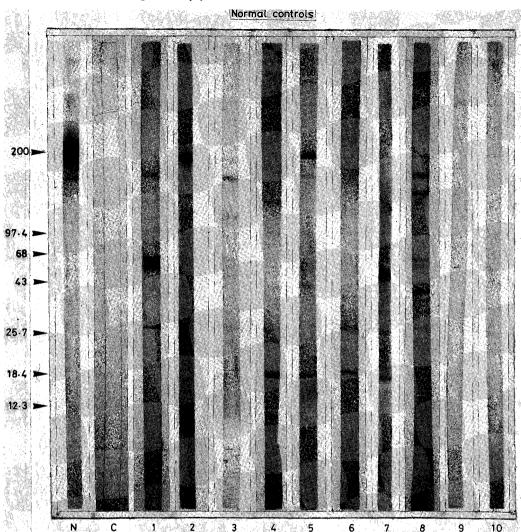


Fig 1 A sample of strips, taken from the same Western blot of adult human frontal cortex, illustrating serum immunoreactive banding in the controls. The protein standard molecular weights in daltons are shown on the left. N is a positive control reacted with mabN210 which recognises the 210 dalton subunit of neurofilaments. C is a negative control in which the serum sample was omitted from the primary incubation. The molecular weights of the immunoreactive bands from cases 1 to 8 are listed as the first eight entries in the controls column of table 2. Cases 9 and 10 display no banding.

compared with each other, with the controls or with the entire studied population. When the immunoreactive bands were separated into categories by molecular weight (high: greater than 90K; middle: 40K to 90K; low: less than 40K) and the comparative analyses repeated, there again was no statistically significant difference between each diagnostic group, the controls and the entire studied population. There was no single band or set of bands that was characteristic of any diagnostic group.

An increase with age in the proportion of antibodies against the CNS in man has been reported by Ingram *et al.*³⁰ Using immunohistochemical techniques, he noted a sharp rise in the incidence of anti-CNS antibodies after the age of 55 years. The incidence of anti-neurofilament serum reactivity has likewise been reported to increase with advancing age, particularly so in those over 70.²⁶ We did not observe a significant difference in the incidence of banding with advancing age within any studied category. For

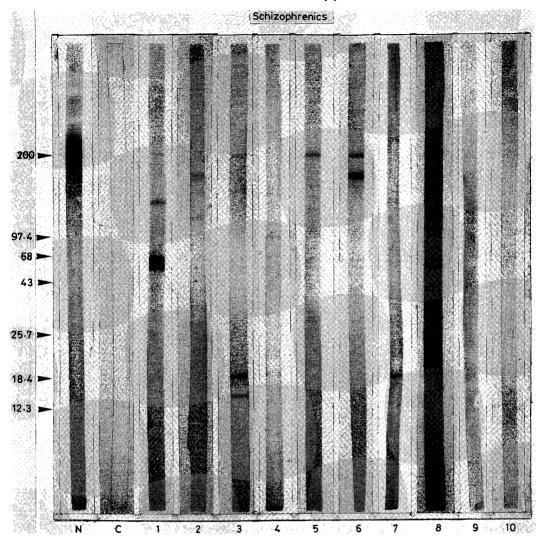


Fig 2 A sample of strips, taken from the same Western blot of adult human frontal cortex, illustrating serum immunoreactive banding in schizophrenic patients. The protein standard molecular weights in daltons are shown on the left. N is a positive control reacted with mabN210 which recognises the 210 dalton subunit of neurofilaments. C is a negative control in which the serum sample was omitted from the primary incubation. The molecular weights of the immunoreactive bands from cases 1 to 8 are listed as the first eight entries in the schizophrenic column of table 2. Cases 9 and 10 display no banding.

the total study group, the incidence of banding in the second decade was 33%, third decade 41%, fourth decade 35%, fifth decade 21%, sixth decade 39%, and those over 70, 29%. These results are illustrated as a bar graph in fig 4. None of the differences between decades were statistically significant.

We did not notice a significant difference in the incidence of banding within any diagnostic group between males and females. For the total study group,

the incidence of reactive bands in males was 34% and females 28%, a difference which is not statistically significant. There was no significant difference in the incidence of banding between males and females in each decade of age.

Since medications can induce immune mediated diseases, perhaps a more significant negative finding was that of no correlation between medication intake and the incidence of banding. Everyone in the epi-

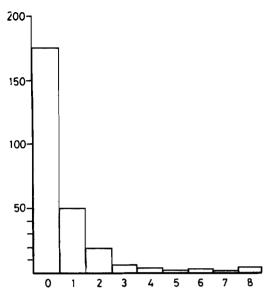


Fig 3 A histogram of the number of immunoreactive bands from each individual of the total studied population. The abscissa (0 to 8) indicates the number of immunoreactive bands on each reacted blot. The ordinate indicates the number of studied individuals with the indicated number of bands. The majority, 179 out of a total of 257 (70%) had no immunoreactive banding (column 0). Of those that had bands, 65% had only one band (column 1) and 35% had multiple bands (columns 2 through 8).

leptic group was taking anticonvulsants and everyone in the schizophrenic group was taking neuroleptics. Amongst the side effects of anticonvulsants there are immune mediated ones such as hypersensitivity dermatitis, lymphoma-like lesions, lupus-like manifestations, lymphotoxic autoantibodies, defects in cell-mediated immunity, thyroiditis and myasthenia gravis. 31 32 For the neuroleptics the immune side effects include hypersensitivity dermatitis, agranulocytosis, hemolytic anaemia and thrombocytopenia.^{33 34} There was no difference in the incidence of banding between the epileptic, schizophrenic and control groups. No one in any of the diagnostic categories was known to have an immunological primary disease or one induced by medications. No one was receiving immunosuppressive medications.

In the schizophrenic group five patients had tardive dyskinesia, a presumably non-immune complication of neuroleptics.³⁴ Of these, three had immunoreactive bands, results which did not differ significantly from the controls.

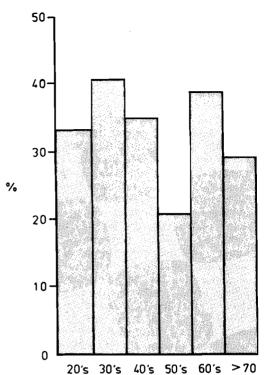


Fig 4 A histogram of the incidence of immunoreactive banding (%) by decade of age in the total studied population. None of the differences between decades is statistically significant.

Discussion

For this study we had selected diagnostic groups in which the published literature had suggested the possibility of anti-CNS antibodies. No correlation was found between the incidence and pattern of immunoreactive banding and disease category. The normal controls were indistinguishable from the other groups. There was no single band or set of bands that was characteristic of any diagnostic category.

Overall, 70% of our studied population had no immunoreactive banding. Of those that did, 65% had only one band and the remainder two or more. We did not observe an increase in the incidence of banding with advancing age, as had been suggested in two previous reports using immunohistochemical techniques. ^{26 30} There was no statistically significant difference in the incidence of banding between males and females. Also, there was no statistically significant difference between controls and those patient populations taking neuroleptics and anticonvulsants.

The results presented in table 2 can be used to compare the incidence of serum immunoreactive banding at selected molecular weights with those from other series. For example, it has been claimed that circulating anti-neurofilament antibodies may play a pathogenic role in Creutzfeldt-Jakob disease, Kuru, 35 36 and the opsoclonus-myoclonus syndrome of childhood. 16 37 Using immunoblots of human brain Stefansson et al¹ reported that the incidence of anti-210K IgG serum activity in normals and in patients with neurological disease was 95%. Our results for the total studied population showed an incidence of only 6%, closer to the reported incidence of immunohistochemical anti-neurofilament activity of 16% in a study group of 249.26 The reason for the marked difference between our results and that of Stefansson et al¹ is not clear. Possibly, differences in the techniques of tissue homogenisation and gel preparation, as well as concentration of serum used (we used a dilution of 1:100, Stefansson used 1:50), might account for the discrepancy. However, the implication of our results was the same as that of Stefansson in that anti-210K serum activity did not

There was also a discrepancy in the incidence of immunoreactive banding at lower molecular weights between our results and those of Stefansson *et al.*¹ Combining the results of the normal controls and the neurological patients, Stefansson reported that 14% of his study group had bands at molecular weights other than 210K. Our results are that 69 of the 257, or 27%, had such reactivity. This difference is statistically significant with p < 0.05. Again, methodological considerations may account for the observed differences.

correlate with diagnostic categories.

The results in table 2 can be compared with other published reports of serum immunoreactivity. In paraneoplastic cerebellar degeneration, one reported claimed that a 85K polypeptide is identified by the sera of affected individuals³⁸ and a second one that multiple antigenic determinants with molecular weights of 34K to 38K and 62K to 64K are recognised.³⁹ Looking at immunoreactive banding between the molecular weights of 34K and 38K, table 2 shows three cases out of a total of 257 for an incidence of 1%; between 62K and 64K, four cases, or 2%; and between 80K and 90K three cases, or 1%. Thus banding at these molecular weights does occur, but uncommonly. It has been claimed that in Devic's syndrome there are CSF and serum antibodies to glial fibrillary acidic protein (GFAP).40 Human GFAP polypeptides have molecular weights between 39K and 49K.41-43 Reviewing the data in table 2, the incidence of banding between these two molecular weights was seven out of 257, or 3%. In the case of polyneuropathy with monoclonal gammapathy, myelin associated glycoprotein of a molecular weight 110K is being recognised.^{44–46} Between molecular weights 100K and 120K, the incidence of banding in our study was seven out of 257, or 3%. It is controversial whether circulating antibodies against myelin basic protein (MBP) play a role in the pathogenesis of multiple sclerosis.^{47–49} With the molecular weight of MBP being 18-5K⁵⁰ ⁵¹ the studied population had a banding incidence of 11 out of 257, or 4%, in the range 18K to 19K. None of the studied cases was known to have multiple sclerosis.

As has been demonstrated, an advantage of using Western blots to study serum immunoreactivity is that the results can be resolved to a finite number of bands whose molecular weights can be determined. However, the preparation of blots requires tissue homogenation in solvents that can degrade and denature neural antigens particularly those with lipid components. It is probable that not all positive serum anti-CNS immunoreactivity was detected.

The similarity in reactivity between the various diagnostic groups and the normal controls suggests that caution must be exerted in interpreting the pathogenic significance of anti-CNS immunoreactive banding on Western blots.

We thank Dr Paul Bédard and the Croix-Rouge for assistance in collecting serum samples, and the medical records section of the Robert Giffard Hospital for abstracting the clinical information. This work was supported by grants from the Medical Research Council of Canada and Fonds de la Paralysie Cérébrale, and by a MRC fellowship to AVP.

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